



## Fall 2023 Athletic Team Tryout Information

*The first date permitted by the MPSSAA for Fall Sports is*

**Wednesday, August 9<sup>th</sup>, 2023**

Athletic Director: Craig Reddish, [craig.reddish@hcps.org](mailto:craig.reddish@hcps.org)

Bel Air Website: <https://bahs.ss18.sharpschool.com/>

### **Bel Air High School Athletics and Expectations**

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- ✓ Bel Air Athletic Philosophy: **To Develop Young Men and Women of the Highest Character through Sports!**
- ✓ Student-Athletes must meet HCPS Eligibility Standards.
- ✓ Student-Athletes must follow all HCPS rules and policies.
- ✓ High school athletics is a 5-to-6-day commitment. The expectation is to be at all events and practices.
- ✓ Some teams will make cuts. There will be a 3-day minimum tryout period. Coaches will evaluate your skills, athleticism, coachability, effort, conditioning, and character.

### **REQUIRED FORMS FOR PARTICIPATION**

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#### **1. Physical Examination Form**

- ✓ Exam must take place after June 7<sup>th</sup>, 2023. Doctor must sign, date and stamp for approval.
- ✓ The Preparticipation Physical Evaluation Form must be handed in in person to Mr. Reddish on one of the drop off dates below. You may not drop off at the school or email the nurse or Mr. Reddish.
- ✓ **Physicals must be on the NEW HCPS form, NO EXCEPTIONS!**
- ✓ Physicals must be signed by parent and student/athlete.
- ✓ Free physical opportunities: Upper Chesapeake Sports Medicine, **443-643-3130** (Must make an appointment, **NO Walk-ins**)
  - ❖ June 13<sup>th</sup>, Edgewood High School 4-7 pm
  - ❖ Aberdeen Office: 650 McHenry Road, Suite 1200
    - June 27 from 1 pm – 4 pm
    - July 6 from 1 pm – 4 pm
    - August 3 from 8 am – 4 pm
  - ❖ Bel Air Office, 510 Upper Chesapeake Drive, Suite 417
    - June 27 from 8 am – 11:30 am
    - July 20 from 8 am – 4 pm
    - July 21 from 8 am – 12 pm
    - July 27 from 8 am – 4 pm
- ✓ Physical drop off days and times. (All student athletes must hand in a hard copy of their physical in person to Mr. Reddish. All physicals must be reviewed and approved by the school nurse)
  - ❖ 1<sup>st</sup> Physical Drop Off: June 13<sup>th</sup> and 14<sup>th</sup> (4-6 pm at the front entrance of the school)
  - ❖ 2<sup>nd</sup> Physical Drop Off: July 26<sup>th</sup> and 27<sup>th</sup> (4-6 pm at the front entrance of the school)
  - ❖ 3<sup>rd</sup> Physical Drop Off: August 2<sup>nd</sup> and 3<sup>rd</sup> (4-6 pm at the front entrance of the school)
  - ❖ Last Physical Drop Off: August 8<sup>th</sup> (4-6 pm at the front entrance of the school)

#### **2. Athletic Permission Form (Completed in Form Releaf)**

- ✓ Form Releaf opens June 1<sup>st</sup> and must be completed before summer conditioning and tryouts!
- ✓ <http://app.formreleaf.com/organizations/bel-air-high-school>

**BEST OF LUCK AND WELCOME TO BOBCAT NATION!!!!!!!!!!!!!!**